

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod9E-rev3 del 10/10/2014 Inglese</p>
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24 HOUR URINE COLLECTION FOR HYDROXYPROLINE

IMPORTANT:

Patients should avoid for 72 hours prior to collection meat and collagen derived.

1. You must begin all 24-hour urine collections with an empty bladder. When you wake up the morning of the day (7.00 A.M.) the collection is to begin, empty your bladder, discard the urine and note the time.
2. Collect all urine throughout the day and night. **Keep samples refrigerated at all times unless otherwise specified.**
3. The next morning wake up at the same time (7.00 A.M) you did the day you began the collection, empty your bladder and add this to the urine you collected the day before. This completes the 24-hour urine collection.
4. Return specimen to the lab site as soon as possible after collection.

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele