

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p><b>AMBULATORI PRELIEVI ESTERNI</b> Mod41E-rev1 del 24/07/2015 Inglese</p>
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## Urine collection for Urinary Parasites and *Schistosoma haematobium* (BILHARZIA)

**Equipment:** sterile container with large opening and screw cap

You must collect the urine sample **between 10.00 am and 14.00 am**: Egg excretion is highest around midday

- Exercise before specimen collection is considered necessary so before collecting the urine, you must go up and down stairs many times, or do squats bending your knees.
- A terminal urine specimen (the last 10 –20 ml passed) is required for the diagnosis of *Schistosoma haematobium* infection.

Collect the urine in this way: avoid the first jet of urine; collect the central part of the urine flow into the container.

If you cannot drop the sample at the Lab on time, Keep it in the refrigerator until the following day.

La Direzione del  
Servizio di Medicina di Laboratorio  
Ospedale San Raffaele