

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod37E-rev3 del 10/10/2014 Inglese</p>
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URINE COLLECTION FOR CHLAMYDIA, URINE CULTURE, RANDOM URINE SAMPLE.

Equipment:

- Two Steril urine cups
- antiseptic soap and water
- antiseptic skin towelette, washcloth or sponge

You have to wait one hour after you last urinated before collecting a urine sample.

Female Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel
2. With one hand, spread genital skin folds apart.
3. Using antiseptic skin towelette, wash vulva, wiping from front to back
4. Discard towelette
5. Repeat, wiping from front to back.
6. As you begin to urinate, collect the initial portion of your urine stream (first-catch) in the first container. Do not touch the inside of the container.
7. Stop collection when container is about half full . Screw cap on container
8. Void midstream portion into the second sterile container. Do not touch the inside of the container.
9. Wash hands
10. Give samples to lab personnel. **If there is a delay, specimen should be refrigerated.**

Male Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel.
2. Pull back foreskin, if uncircumcised and cleanse glans penis with antiseptic skin towelette.
3. As you begin to urinate, collect the initial portion of your urine stream (first-catch) in the first container. Do not touch the inside of the container.
4. Stop collection when container is about half full . Screw cap on container
5. Void midstream portion into the second sterile container. Do not touch the inside of the container.
6. Screw cap on container.
7. Wash hands.
8. Give samples to lab personnel. **If there is a delay, specimen should be refrigerated.**

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele