

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod36E-rev3 del 10/10/2014 Inglese</p>
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URINE COLLECTION FOR CHLAMYDIA

Equipment:

- Steril urine cup
- antiseptic soap and water
- antiseptic skin towelette, washcloth or sponge

You have to wait one hour after you last urinated before collecting a urine sample.

Female Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel
2. With one hand, spread genital skin folds apart.
3. Using antiseptic skin towelette, wash vulva, wiping from front to back
4. Discard towelette
5. Repeat, wiping from front to back.
6. As you begin to urinate, collect the initial portion of your urine stream (first-catch) in the container. Do not touch the inside of the container.
7. Stop collection when container is about full.
8. Screw cap on container.
9. Wash hands
10. Give sample to lab personnel. **If there is a delay, specimen should be refrigerated.**

Male Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel.
2. Pull back foreskin, if uncircumcised and cleanse glans penis with antiseptic skin towelette.
3. As you begin to urinate, collect the initial portion of your urine stream (first-catch) in the container. Do not touch the inside of the container.
4. Stop collection when container is about full.
5. Screw cap on container
6. Wash hands.
7. Give sample to lab personnel. **If there is a delay, specimen should be refrigerated.**

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele