

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p><b>AMBULATORI PRELIEVI ESTERNI</b></p> <p>Mod34E-rev3 del 10/10/2014 Inglese</p>
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## 24-hour Urine Oxalate Excretion

The information your doctor receives from your test is only as accurate as the collection procedure you follow. Therefore, it is important that you collect the urine in the following manner:

Before starting the urinary collection add 10 mL of **Hydrochloric Acid** given by the outpatient clinic.

1. You must begin all 24-hour urine collections with an empty bladder. When you wake up the morning of the day the collection is to begin, empty your bladder, discard the urine and note the time.
2. Collect all urine throughout the day and night. **Keep samples refrigerated at all times unless otherwise specified.**
3. The next morning wake up at the same time you did the day you began the collection, empty your bladder and add this to the urine you collected the day before. This completes the 24-hour urine collection.
4. Return specimen to the lab site as soon as possible after collection.

**IMPORTANT: The bottle contains Hydrochloric Acid: DON'T DRINK, DO NOT LEAVE UNATTENDED. In case of ingestion, go to the Emergency hospital. Avoid contact with eyes and skin, otherwise wash carefully with a lot of water.**

La Direzione del  
Servizio di Medicina di Laboratorio  
Ospedale San Raffaele