

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod 2E-rev6 del 02/11/2016 Inglese</p>
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PATIENT INSTRUCTIONS FOR RANDOM CLEAN CATCH MID STREAM URINE COLLECTION

Equipment:

- Steril urine cup
- antiseptic soap and water
- antiseptic skin towelette, washcloth or sponge

Female Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel
2. With one hand, spread genital skin folds apart.
3. Using antiseptic skin towelette, wash vulva, wiping from front to back
4. Discard towelette
5. Repeat, wiping from front to back.
6. Void first portion of urine into toilet.
7. Void midstream portion into sterile container. Do not touch the inside of the container.
8. Stop collection when container is about half full, complete void into the toilet.
9. Screw cap on container.
10. Wash hands
11. Give sample to lab personnel.

Male Collection

1. Wash hands thoroughly with soap and water. Dry with paper towel.
2. Pull back foreskin, if uncircumcised and cleanse glans penis with antiseptic skin towelette.
3. Void first portion of urine into the toilet and then void the midstream portion into the urine container. Do not touch the inside of the container.
4. Stop collection when container is about half full, complete void into the toilet
5. Screw cap on container
6. Wash hands.
7. Give sample to lab personnel.

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele

