

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod15E-rev3 del 10/10/2014 Inglese</p>
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2 HOURS URINE FOR HYDROXYPROLINE

IMPORTANT:

Patients should avoid for 72 hours prior to collection meat and collagen derived.

Overnight fasting is required from 11 P.M.

THE DAY OF THE TEST:

- 7 A.M. empty your bladder
- 8.00 A.M. drink 200 mL of mineral water
- 9.00 A.M. start the urinary collection into the bottle and collect all urine voided

Bring the bottle to the lab.

If it's impossible to follow exactly the timing, it's important to leave exactly 2 hours between the first and the second urination.

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele