

REQUEST FOR THE ANALYSIS OF ENTERIC MICROBIOME

PATIENT DETAILS

Surname and Name:	
Requested By:	Date of collection:

SPECIMEN TYPE

GASTROINTESTINAL

PROCEDURES FOR SAMPLE COLLECTION, STORAGE AND DELIVERY.

Stool (about 60 g, i.e. approximately the size of a walnut) from a single bowel movement should be collected in a sterile box within 24 hours prior to the analysis, and kept at 4°C until delivery to the lab (in the refrigerator). Contamination with urine should be avoided.

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele

Please fill out the following questionnaire related to your clinical data, medications and probiotics that you are currently taking or you have taken it in the last period.

Use of any of the following drugs within the last 6 months

- Systemic antibiotics (intravenous, intramuscular, or oral)
- Systemic antifungal, antiviral or anti-parasitic drugs
- Corticosteroids
- Cytokines
- Methotrexate or immunosuppressive cytotoxic agents
- Large consumption of commercial probiotics (i.e. more than 10^8 organisms per day).

Acute disease at the time of enrollment

- Gastrointestinal disease
- Cardiovascular disease
- Pulmonary disease
- Hepatic disease
- Renal disease

Chronic disease at the time of enrollment

- Gastrointestinal disease
- Cardiovascular disease
- Pulmonary disease
- Hepatic disease
- Renal disease

History of active uncontrolled gastrointestinal disorders or diseases including:

- Inflammatory Bowel Disease (mild-moderate-severe) including ulcerative colitis, Crohn's disease or indeterminate colitis
- Irritable Bowel Syndrome (IBS) (moderate-severe)
- Infectious gastroenteritis (colitis or gastritis)
- Clostridium difficile* infection (recurrent)
- Helicobacter pylori* infection (untreated)
- Persistent or chronic diarrhea of unknown etiology
- Chronic constipation

Previous malignant Tumor of Colon (Colon Cancer)

- Yes _____ No

Unstable dietary history as defined by major changes in diet during the previous month, where the subject has eliminated or significantly increased a major food group in the diet

- Yes _____ No

Recent history of chronic alcohol consumption defined as more than 0,2 L of distilled spirits, 1,7 L of beer or 0,7 L of wine per day (or five 1.5-ounce servings of 80 proof distilled spirits, five 12-ounce servings of beer or five 5-ounce servings of wine per day).

- Yes _____ No

Major surgery of the GI tract in the past five years

- Yes _____ No

Pregnancy or lactation

- Yes _____ No

Positive test for HIV, HBV or HCV

- Yes _____ No