

 <p>OSPEDALE SAN RAFFAELE</p>	<p>Servizio di Medicina di Laboratorio</p>	<p>AMBULATORI PRELIEVI ESTERNI</p> <p>Mod 1E-rev3 del 10/10/2014 Inglese</p>
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PREPARATION FOR BLOOD TEST

For optimal results, please follow these instructions:

- Do not eat or drink anything except water for 10 to 12 hours before a blood test.
- you are asked to refrain from exercising few days before the lab test.
- You should also avoid taking pills or tablets the morning before your blood test, unless your different indication from your physician.

La Direzione del
Servizio di Medicina di Laboratorio
Ospedale San Raffaele